

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Rosalind Edmonds (56y)

has completed a swim observed by IISA:

Date: 07-Jan-2017

Venue: North Dock, Llanelli

Distance: 1100 metres

Swim Time: 00:00:23.43

Water Temp: 5.40°C

Wind Chill: 9.20°C

Stroke: Crawl

Observer: Cath Pendleton

**Great Britain** 

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION