



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Thorsten Ullrich-Stegemann (53y) 

has completed a swim observed by IISA:

Date: 07-Dec-2019

Venue: Silbersee Langenhagen (GER)

Distance: 1000 metres

Swim Time: 00:17:27.68

Water Temp: 4.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Marcus Reineke
Germany

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION