



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Ulrik Falkenberg Lending (51y)** 🇩🇰

has completed a swim observed by IISA:

Date: 17-Jan-2026

Venue: Vedbæk Strand

Distance: 400 metres

Swim Time: 00:06:53.00

Water Temp: 3.00°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Claus Bobjerg Juul  
Denmark

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**