



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

John Ryan (52y) 

has completed a swim observed by IISA:

Date: **13-Dec-2025**

Venue: **Clontarf Outdoor Pool**

Distance: **2520 metres**

Swim Time: **00:45:53.00**

Water Temp: **7.50°C**

Wind Chill: **0.00°C**

Altitude: **1 metres**

Stroke: **Crawl**

Observer: **Ger Kennedy**
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION