



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Monika Fricke** (71y) 

has completed a swim observed by IISA:

Date: 30-Nov-2025

Venue: Silbersee Langenhagen

Distance: 50 metres

Swim Time: 00:01:13.92

Water Temp: 5.40°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Florian Battermann  
Germany

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**