



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Gilbert Gerrmann (49y) 

has completed a swim observed by IISA:

Date: 04-Feb-2023

Venue: Green Heart Ice Swim 4 and 5 februari 2023

Distance: 250 metres

Swim Time: 00:06:23.63

Water Temp: 5.70°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Arthur van Dijk
Netherlands

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION