



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Joanna dempsey (53y) 

has completed a swim observed by IISA:

Date: 27-Jul-2024

Venue: South Africa - Drakensburg Gooderso.

Distance: 50 metres

Swim Time: 00:00:58.36

Water Temp: 8.00°C

Wind Chill: 0.00°C

Altitude: 1720 metres

Stroke: Breast

Observer: Mona van Eeden
South Africa

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION