



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Darran Cusick** (42y) 

has completed a swim observed by IISA:

Date: 30-Nov-2019

Venue: Wild Water Armagh

Distance: 500 metres

Swim Time: 00:08:34.19

Water Temp: 5.03°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Ian Conroy  
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**