

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Lars Mack (43y)

has completed a swim observed by IISA:

Date: 04-Jan-2019

Venue: Veitsbronn

Distance: 1000 metres

Swim Time: 00:00:20.02

Water Temp: 1.70°C

Wind Chill: 5.00°C

Stroke: Crawl

Observer: christof wandratsch

Germany

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION