



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sarah O'Malley Daly (52y) 

has completed a swim observed by IISA:

Date: 18-Dec-2016

Venue: Melvin Lake, Co. Leitrim

Distance: 500 metres

Swim Time: 00:00:09.30

Water Temp: 5.10°C

Wind Chill: 8.00°C

Stroke: Crawl

Observer: Paddy Bond
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION