



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**John Ryan** (52y) 

has completed a swim observed by IISA:

Date: 30-Nov-2025

Venue: Clontarf Baths Dublin

Distance: 1200 metres

Swim Time: 00:22:14.00

Water Temp: 6.00°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Ger Kennedy  
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**