



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Jes Soelgaard (53y) 

has completed a swim observed by IISA:

Date: 15-Nov-2025

Venue: Vestre Fjordpark - Aalborg

Distance: 100 metres

Swim Time: 00:02:33.00

Water Temp: 7.50°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Breast

Observer: Helle Nygaard
Denmark

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION