



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Elisa de Vries (23y) 

has completed a swim observed by IISA:

Date: **04-Jan-2026**

Venue: **Jeugdland Amsterdam**

Distance: **610 metres**

Swim Time: **00:11:03.03**

Water Temp: **1.90°C**

Wind Chill: **0.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **Christa Hesterman**
Netherlands

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION