



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Terhi Makela (60y) 

has completed a swim observed by IISA:

Date: **29-Nov-2025**

Venue: **Loch Morlich**

Distance: **1200 metres**

Swim Time: **00:48:34.00**

Water Temp: **3.80°C**

Wind Chill: **0.90°C**

Altitude: **300 metres**

Stroke: **Breast**

Observer: **Leon Fryer**
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION