



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Rosie Foley (48y) 

has completed a swim observed by IISA:

Date: 06-Dec-2020

Venue: St Michael's Rowing Club O Briens Bridge Co Clare

Distance: 673 metres

Swim Time: 00:10:22.00

Water Temp: 6.80°C

Wind Chill: 4.00°C

Stroke: Crawl

Observer: Aisling Armshaw
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION