



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Nicholas Murch (43y) 

has completed a swim observed by IISA:

Date: 07-Dec-2022

Venue: Parliament Hill lido

Distance: 671 metres

Swim Time: 00:11:00.00

Water Temp: 6.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Nichola Murch
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION