



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Fenwick Ridley (37y) 

has completed a swim observed by IISA:

Date: 03-Dec-2022

Venue: Sweethope Lough, H2oTrails

Distance: 1000 metres

Swim Time: 00:18:00.00

Water Temp: 4.30°C

Wind Chill: 3.00°C

Stroke: Crawl

Observer: Kirstie Denton
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION