

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

David Conradie (52y)

has completed a swim observed by IISA:

Date: 21-Dec-2019

Venue: Loughrea

Distance: 1000 metres

Swim Time: 00:19:30.00

Water Temp: 4.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Dee Newell

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION