



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Ryszard Sowa (35y) 

has completed a swim observed by IISA:

Date: 04-Jan-2019

Venue: Mi?sk (Bia?oru?)

Distance: 450 metres

Swim Time: 00:09:51.36

Water Temp: 0.00°C

Wind Chill: 0.00°C

Stroke: Breast

Observer: Aleksandra BEDNAREK
Poland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION