



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

John Mckenna (56y) 

has completed a swim observed by IISA:

Date: 29-Nov-2025

Venue: Wild Water Armagh

Distance: 500 metres

Swim Time: 00:11:35.50

Water Temp: 5.60°C

Wind Chill: 4.70°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Ian Conroy
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION