



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Melanie Holland** (47y) 

has completed a swim observed by IISA:

Date: 29-Jan-2022

Venue: Horstead

Distance: 600 metres

Swim Time: 00:15:00.00

Water Temp: 4.70°C

Wind Chill: 3.00°C

Stroke: Crawl

Observer: Catherine Markwell  
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**