



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Ulrik Falkenberg Lending (51y)** 🇩🇰

has completed a swim observed by IISA:

Date: 15-Mar-2026

Venue: Sandkaj, nordhavn, København, IISA event

Distance: 1000 metres

Swim Time: 00:18:30.73

Water Temp: 3.70°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Henry Lykke Stokholm  
Denmark

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**