



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Cath Pendleton (45y) 

has completed a swim observed by IISA:

Date: 14-Jan-2018

Venue: Keepers Pond, Blaenavon

Distance: 1035 metres

Swim Time: 00:19:25.00

Water Temp: 1.30°C

Wind Chill: 2.00°C

Stroke: Crawl

Observer: Viki Brice
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION