



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Sian Clement** (45y) 

has completed a swim observed by IISA:

Date: **24-Jan-2023**

Venue: **Brecon**

Distance: **1143 metres**

Swim Time: **00:20:39.00**

Water Temp: **4.10°C**

Wind Chill: **-3.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **Robert Lloyd**  
**Great Britain**

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**