



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Karin Michels (47y) 

has completed a swim observed by IISA:

Date: **23-Jan-2016**

Venue: **Katowice, Poland**

Distance: **500 metres**

Swim Time: **00:14:06.00**

Water Temp: **2.00°C**

Wind Chill: **-5.00°C**

Stroke: **Crawl**

Observer: **Patricia McQueen**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION