



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Jason Alcock (39y) 

has completed a swim observed by IISA:

Date: 03-Dec-2016

Venue: Wild Water Armagh

Distance: 500 metres

Swim Time: 00:09:18.00

Water Temp: 4.20°C

Wind Chill: 4.20°C

Stroke: Crawl

Observer: Ian Conroy
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION