



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Mary Lowry (54y) 

has completed a swim observed by IISA:

Date: 06-Dec-2025

Venue: Clontarf Outdoor pool

Distance: 1000 metres

Swim Time: 00:00:27.00

Water Temp: 6.50°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Ger Kennedy
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION