



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Regina O Malley (44y) 

has completed a swim observed by IISA:

Date: 19-Dec-2025

Venue: Wild Water Armagh

Distance: 425 metres

Swim Time: 00:15:31.25

Water Temp: 5.70°C

Wind Chill: 6.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Ian Conroy
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION