



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Pamela Stewart (53y) 

has completed a swim observed by IISA:

Date: **25-Oct-2025**

Venue: **Britannia Beach, Ottawa, Ontario, Canada**

Distance: **3000 metres**

Swim Time: **01:11:35.00**

Water Temp: **9.20°C**

Wind Chill: **3.00°C**

Altitude: **208 metres**

Stroke: **Crawl**

Observer: **Susan McKay**
Canada

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION