



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Lise Marie Bendixen (58y) 

has completed a swim observed by IISA:

Date: **28-Dec-2025**

Venue: **Nordhavn, Copenhagen**

Distance: **300 metres**

Swim Time: **00:07:31.00**

Water Temp: **4.60°C**

Wind Chill: **0.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **Gianmarco Ponti**
Italy

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION