



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Andrey Zamyslov (42y) INS

has completed a swim observed by IISA:

Date: 20-Mar-2015

Venue: Murmansk, Russia

Distance: 1000 metres

Swim Time: 18:47:00.00

Water Temp: 0.80°C

Wind Chill: -3.00°C

Stroke: Crawl

Observer: Ram Barkai
South Africa

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION