



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Thomas Toft (43y) 

has completed a swim observed by IISA:

Date: 29-Nov-2025

Venue: Aarhus Denmark

Distance: 300 metres

Swim Time: 00:05:01.32

Water Temp: 0.00°C

Wind Chill: 3.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Helle Nygaard
Denmark

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION