



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Thomas Jespersen** (33y) 

has completed a swim observed by IISA:

Date: 29-Nov-2025

Venue: Aarhus Havnebad 7

Distance: 300 metres

Swim Time: 00:08:45.00

Water Temp: 8.50°C

Wind Chill: 3.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Helle Nygaard  
Denmark

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**