



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Jon Tribbeck** (44y) 

has completed a swim observed by IISA:

Date: 16-Jan-2016

Venue: Parliament Hill Lido

Distance: 793 metres

Swim Time: 00:14:17.00

Water Temp: 3.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: **Jeremy Irvine**  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**