



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Mads Nielsen Gravholt (40y) 

has completed a swim observed by IISA:

Date: 16-Jan-2025

Venue: Copenhagen

Distance: 150 metres

Swim Time: 00:00:05.00

Water Temp: 3.00°C

Wind Chill: 6.00°C

Altitude: Sea Level metres

Stroke: Breast

Observer: Bo Kruger
Denmark

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION