



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sinead KennedyGuy (59y) 

has completed a swim observed by IISA:

Date: 18-Jul-2025

Venue: Wentworth Falls Lake Blue Mountains NSW Australia

Distance: 1200 metres

Swim Time: 00:34:00.00

Water Temp: 5.90°C

Wind Chill: 5.00°C

Altitude: 872 metres

Stroke: Crawl

Observer: Wyatt Song
Australia

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION