



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Tracey Sharratt (43y) 

has completed a swim observed by IISA:

Date: 06-Nov-2016

Venue: Keepers pond. Blaenavon. Wales

Distance: 450 metres

Swim Time: 00:10:32.00

Water Temp: 4.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Cath Pendleton
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION