



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Petr Hensel (63y) 

has completed a swim observed by IISA:

Date: 10-Jan-2026

Venue: Jizera river, Mlada Boleslav, Czechia

Distance: 1000 metres

Swim Time: 00:16:07.07

Water Temp: 0.00°C

Wind Chill: -3.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Josefina Polakova
Czech Republic

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION