



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Kerry O'Hara** (38y) 

has completed a swim observed by IISA:

Date: **31-Jan-2016**

Venue: **Tooting Bec Lido, London.**

Distance: **1000 metres**

Swim Time: **00:17:30.00**

Water Temp: **5.50°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **jonathan cowie**  
**Great Britain**

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**