



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Alison MacDonald (48y) 

has completed a swim observed by IISA:

Date: **06-Dec-2024**

Venue: **Loch Morlich**

Distance: **1000 metres**

Swim Time: **00:00:16.45**

Water Temp: **3.80°C**

Wind Chill: **1.60°C**

Altitude: **3000 metres**

Stroke: **Crawl**

Observer: **Leon Fryer**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION