



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Caroline Jones (55y) 

has completed a swim observed by IISA:

Date: 01-Dec-2023

Venue: Loch Morlich

Distance: 1000 metres

Swim Time: 00:23:14.10

Water Temp: 0.00°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Leon Fryer
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION