



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Emma Firestone** (42y) 

has completed a swim observed by IISA:

Date: 10-Jan-2026

Venue: Nordhavn

Distance: 250 metres

Swim Time: 00:04:02.29

Water Temp: 0.20°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Jakob Kruse Enemaerke  
Denmark

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**