



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Terhi Makela** (60y) 

has completed a swim observed by IISA:

Date: **06-Dec-2024**

Venue: **Glenmore, Scotland**

Distance: **1000 metres**

Swim Time: **00:24:18.00**

Water Temp: **3.80°C**

Wind Chill: **1.60°C**

Altitude: **300 metres**

Stroke: **Breast**

Observer: **Leon Fryer**  
**Great Britain**

**KEEP SAFTEY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**