



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Harriet Green** (47y) 

has completed a swim observed by IISA:

Date: **21-Jan-2023**

Venue: **Andark Lake**

Distance: **1000 metres**

Swim Time: **00:22:41.00**

Water Temp: **4.50°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Kate Steels**  
**Great Britain**

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**