



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Jonathan Saunders (57y) 

has completed a swim observed by IISA:

Date: **16-Dec-2023**

Venue: **Manvers Lake**

Distance: **718 metres**

Swim Time: **00:00:11.45**

Water Temp: **5.60°C**

Wind Chill: **0.00°C**

Altitude: **20 metres**

Stroke: **Crawl**

Observer: **Jamie McHale**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION