



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Paula Cherriman (49y) 

has completed a swim observed by IISA:

Date: **31-Dec-2015**

Venue: **Lake Windermere**

Distance: **450 metres**

Swim Time: **00:10:49.00**

Water Temp: **5.00°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **rafael oya**
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION