



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Conor O Connor (59y) 

has completed a swim observed by IISA:

Date: 05-Feb-2022

Venue: Glendalough, County Wicklow, Ireland

Distance: 1008 metres

Swim Time: 00:34:36.00

Water Temp: 4.83°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: John Curley
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION