



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Kieran Fitzgerald (63y)** 

has completed a swim observed by IISA:

Date: 30-Nov-2025

Venue: Rossespoint Co.Sligo

Distance: 1698 metres

Swim Time: 00:44:49.00

Water Temp: 8.00°C

Wind Chill: 5.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Chris Commons  
South Africa

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**