



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Kirstie Denton (37y)** 

has completed a swim observed by IISA:

Date: 03-Dec-2022

Venue: Sweethope Lough

Distance: 460 metres

Swim Time: 00:12:30.00

Water Temp: 4.30°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Fenwick Ridley  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**