



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Mark Mallinson (42y)** 

has completed a swim observed by IISA:

Date: 02-Aug-2020

Venue: Lake Lyell, Lithgow, NSW, Australia

Distance: 3000 metres

Swim Time: 00:00:00.56

Water Temp: 9.00°C

Wind Chill: 1.50°C

Stroke: Crawl

Observer: Wyatt Song  
Australia

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**